

# NCSA NEXT COLLEGE STUDENT ATHLETE

## Navigating Recruiting

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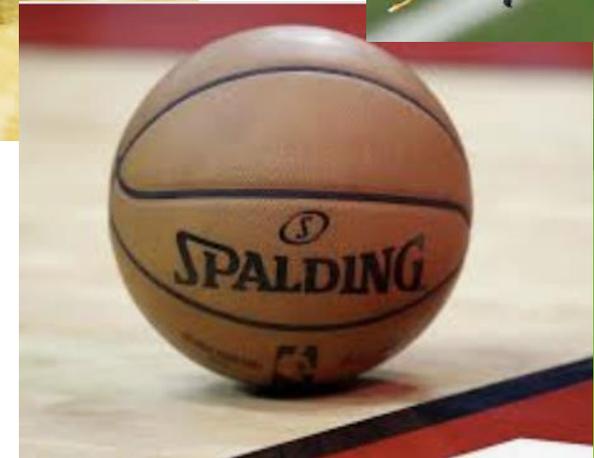
**PRESENTED BY:**

**Holly Ismail**

# AACPS ATHLETICS

WELCOME!!

Be prepared...take notes, ask questions!



# HOLLY ISMAIL



- **HS All-American, Volleyball and Basketball**
- **Played DI Basketball at Syracuse University**
- **15 years Coaching AAU and High School**
- **CT Volleyball and Basketball Hall of Fame**
- **CIAC All-Century team**
- **Director of Regional Recruiting, NCSA**

# MICHAEL IONESCU



- **I2education college and test prep**



- ▶ We are the largest and most successful college athletic recruiting network with over **800 employees**, including many former college coaches and players
- ▶ More than **40,000 college coaches** use NCSA to find, evaluate, and connect with potential recruits
- ▶ We work with athletes and coaches in **34 men's and women's sports**

# My Crew

Villanova  
Mercyhurst  
Princeton





## Today's recruiting game plan

- ▶ Impact of Coronavirus
- ▶ The role of your winning team
  - Academics and eligibility
  - SAT/ACT prep w Mike
  - Recruiting timeline
  - Division Levels/Scholarships
  - Gaining exposure
  - Finding the right fit

# IMPACT OF CORONAVIRUS ON RECRUITING

NCAA DI Restrictions - “Dead Period”  
extended to April 15, 2021

Phone Calls, Text Messages, Emails  
ALLOWED

DII and DIII NAIA returned to the  
normal recruiting calendar on  
September 1st

2020 Spring, Fall and Winter sports  
granted extra year of eligibility

# Building your winning team

- Parent / guardian
- High school/Club coach
- Guidance counselor
- Teammates / friends



# Academic Requirements

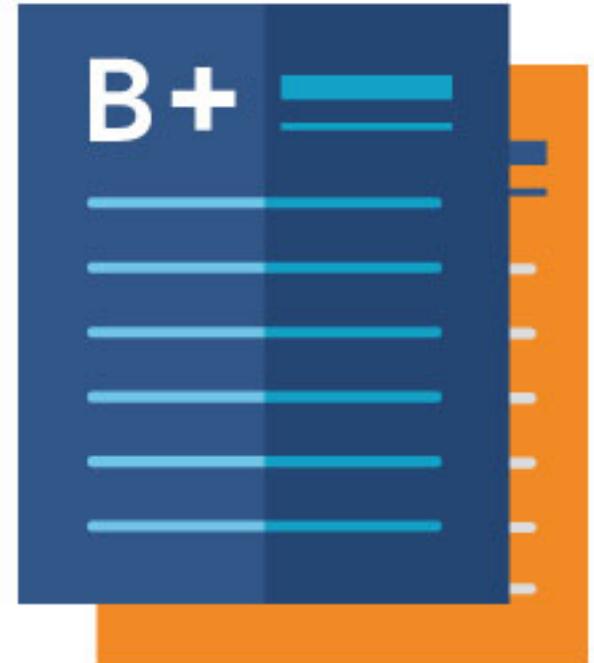
## Complete 16 NCAA Core Courses

- >2.3 GPA in core courses
- Complete 10 core courses before the 7th semester
- Earn an SAT combined score or ACT sum score that matches your core course GPA on NCAA sliding scale

\*\* NCAA D3 schools & NAIA set their own admissions and eligibility standards

<http://www.playnaia.org/page/eligibility.php>

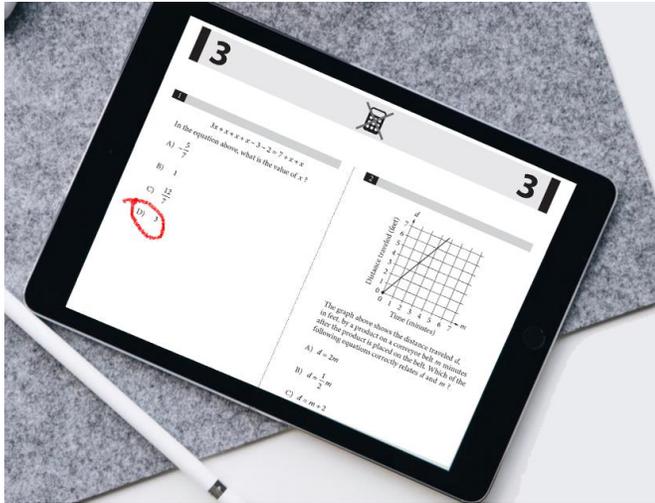
<http://www.ncaa.org>



## ACADEMIC ELIGIBILITY REQUIREMENTS: DI

If you want to participate in athletics or receive an athletic scholarship during your first year, you must:

- Graduate from high school
- Complete these 16 core courses:
  - 4 years of English
  - 3 years of math (Algebra 1 or higher)
  - 2 years of natural or physical science (including one year of lab science if offered by your high school)
  - 1 extra year of English, math or natural or physical science
  - 2 years of social science
  - 4 years of extra core courses (from any category above, or foreign language, comparative religion or philosophy)
- Earn a min required GPA of 2.3 in your core courses (2.0-2.29 GPA results in automatic Red Shirt freshman year)
- Earn a combined SAT or ACT score that matches your core course grade point average and test score sliding scale (for example, 2.400 core course grade point average needs an 860 SAT)



## Experience

- ▶ Decades of experience working 1:1 with students around the country remotely and in-person
- ▶ Guided over 100 students to qualify for Ivy League programs
- ▶ Over 1000 students qualified for D1 programs
- ▶ Partnered with student athlete organizations

# What about SAT/ACT prep for athletes?

- ▶ Are they still necessary?
  - ▶ Short answer is: It's complicated, but yes
- ▶ Testing scores still tied to scholarships and other merit-based awards
- ▶ **BOTTOM LINE:** Expect more colleges to go back to using testing scores.



# Test scores & Athlete Recruitment

- ▶ Most schools have a target score that athletes need to reach
  - ▶ In other words: Reach the score and you're in!
- ▶ One of the first questions to coaches should be "What score do I need to get on my SAT or ACT?"
- ▶ Second Question:  
When do you need my scores?



# What to look for in test prep

- ▶ 1:1 prep curriculums - remote or in-person – get results faster than group prep
- ▶ Look for flexible scheduling that can be customized to your needs
- ▶ Find a program that has a record of successful SAT/ACT prep specifically with athletes

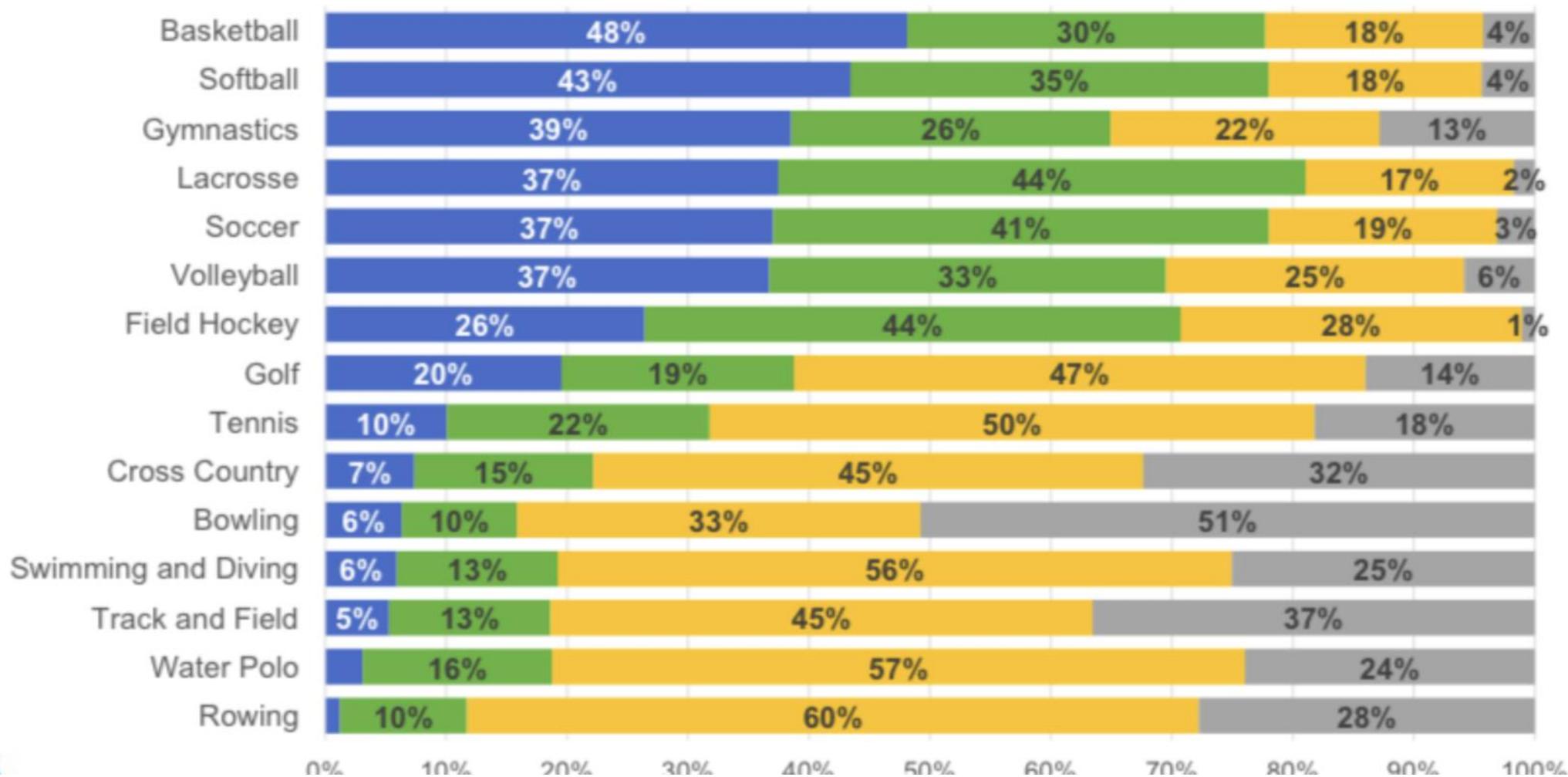


# Top Three SAT/ACT Tips for Athletes

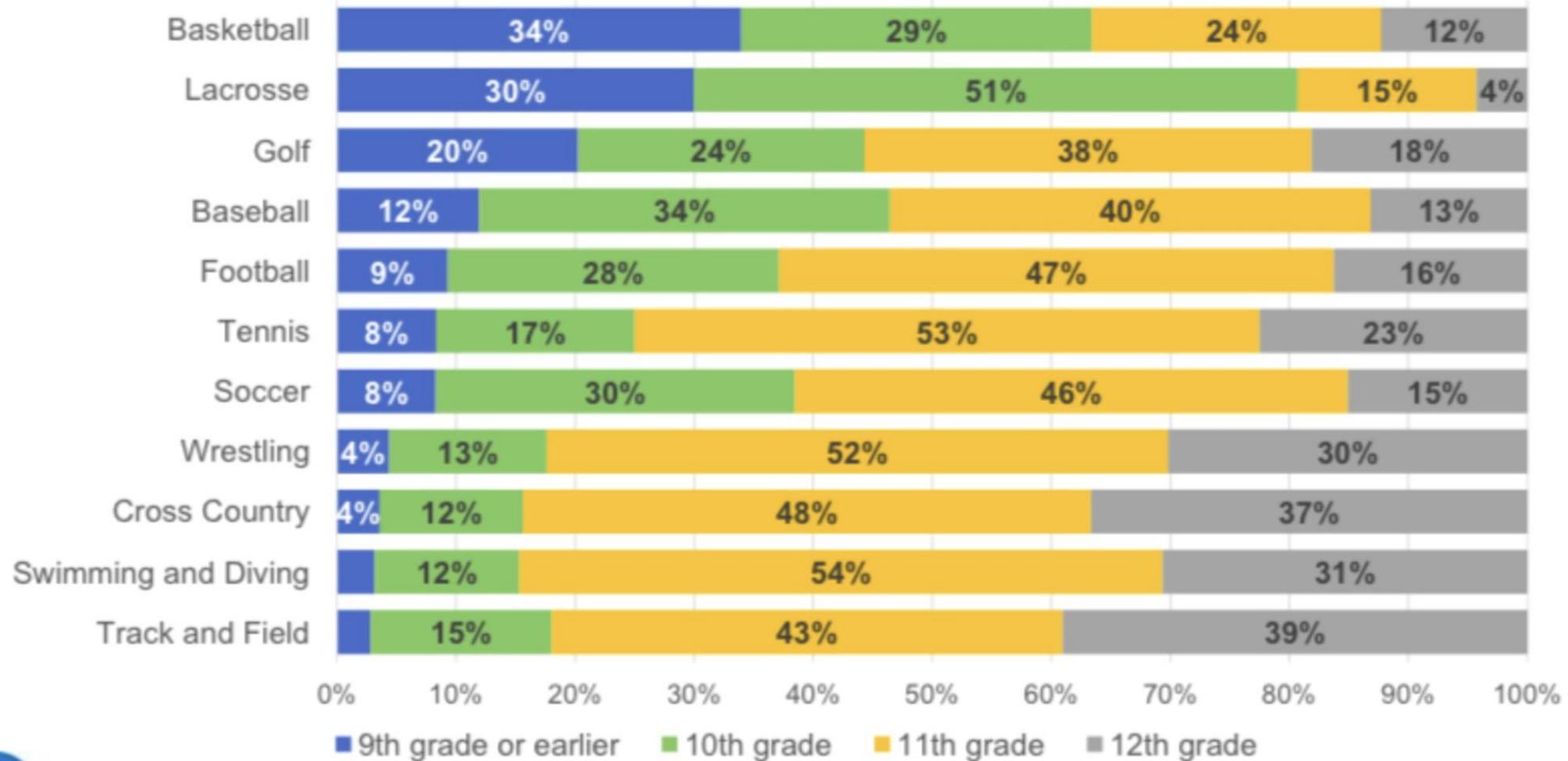
- ▶ Focus on the SAT OR the ACT
- ▶ All colleges let athletes superscore!  
Take the test multiple times
- ▶ Most students are capable of reaching their target scores but it requires:
  - ▶ Consistency
  - ▶ Tangible goals
    - ▶ Did you know a great score like a 1200 on the SAT is only a 67%?



## Timing of First Recruiting Contact (Direct or Indirect) by College Coach Women's Sports



## Timing of First Recruiting Contact (Direct or Indirect) by College Coach Men's Sports



	High School Participants	NCAA Participants	Overall % HS to NCAA	% HS to NCAA Division I	% HS to NCAA Division II	% HS to NCAA Division III
<b>Men</b>						
<b>Baseball</b>	482,740	36,011	7.5%	2.2%	2.3%	2.9%
<b>Basketball</b>	540,769	18,816	3.5%	1.0%	1.0%	1.4%
<b>Cross Country</b>	269,295	14,303	5.3%	1.8%	1.4%	2.1%
<b>Football</b>	1,006,013	73,712	7.3%	2.9%	1.9%	2.5%
<b>Golf</b>	143,200	8,485	5.9%	2.0%	1.6%	2.2%
<b>Ice Hockey</b>	35,283	4,323	12.3%	4.8%	0.6%	6.8%
<b>Lacrosse</b>	113,702	14,603	12.8%	3.1%	2.5%	7.3%
<b>Soccer</b>	459,077	25,499	5.6%	1.3%	1.5%	2.7%
<b>Swimming</b>	136,638	9,799	7.2%	2.8%	1.2%	3.2%
<b>Tennis</b>	159,314	7,785	4.9%	1.6%	1.0%	2.3%
<b>Track &amp; Field</b>	605,354	28,914	4.8%	1.9%	1.2%	1.7%
<b>Volleyball</b>	63,563	2,355	3.7%	0.7%	0.7%	2.3%
<b>Water Polo</b>	22,475	1,072	4.8%	2.7%	0.8%	1.3%
<b>Wrestling</b>	247,441	7,300	3.0%	1.0%	0.8%	1.2%



# Scholarships

## Head Count

FBS Football  
Basketball Men and Women  
Tennis DI Women  
Gymnastics DI Women  
Volleyball DI Women

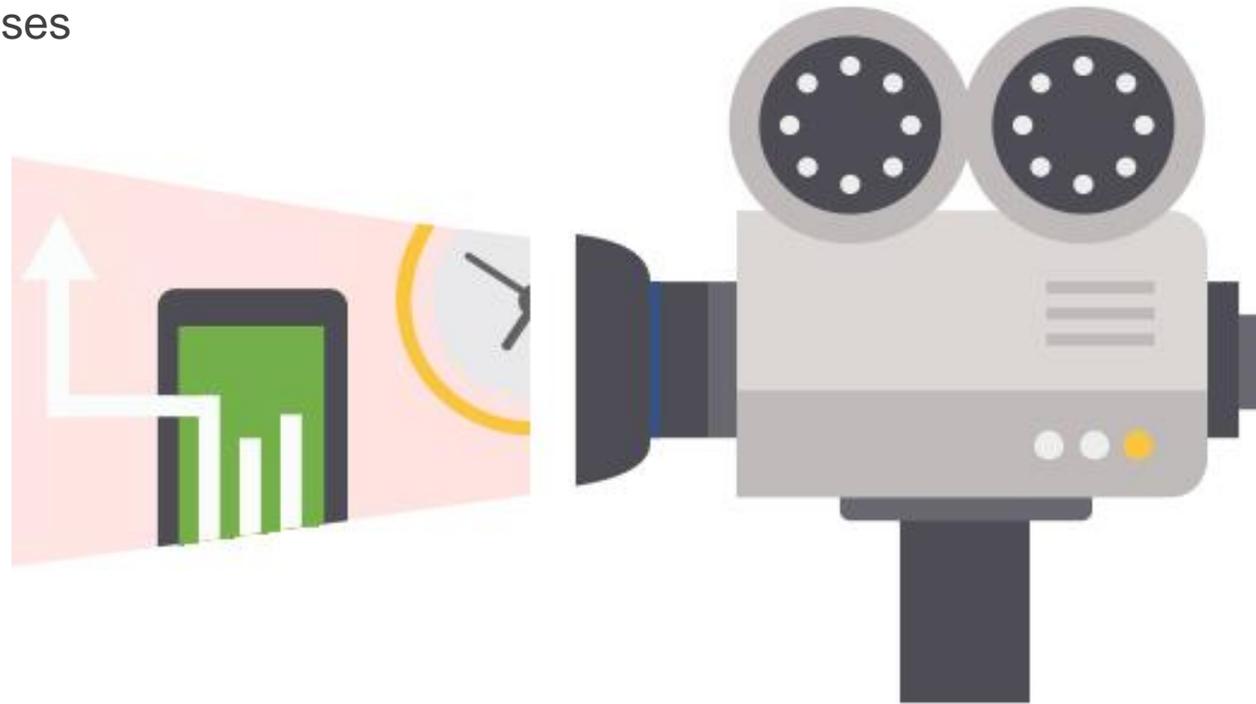
## Equivalency

All other DI sports  
All DII sports programs  
All NAIA  
All Junior College



# Gaining exposure

- Video
- Camps, combines, showcases
- Stats
- Academics
- Social Media



# Finding the right fit

- Academically-GPA/SAT/Field of study
- Athletically-what level?
- Geographically
- Socially





# HOW CAN NCSA HELP?

- ▶ **IN MANY WAYS!**
- ▶ Create your NCSA online profile & presence
- ▶ Set realistic goals & help you find the RIGHT fit
- ▶ Review & plan for academic eligibility
- ▶ Compile video
- ▶ Evaluate & project best college level fit
- ▶ Discover top college picks with recruit match technology
- ▶ Make connections with college coaches, communicate with college coaches, prep for visits, etc

# FEEDBACK FROM COACHES

- "I wanted to call and tell you just how tremendously helpful your site has been for me!"
- "Thank you so much. Everyone at NCSA has been outstanding!"
- "You guys have always been helpful to us, and we have had at least 1 NCSA athlete in each of our last 4 classes"
- "Thanks for your help and thank you for all you do to help us coaches out with our recruiting, especially now more than ever!"

# FEEDBACK FROM STUDENT ATHLETES

"We had no idea how much of a "job" finding a college position was, and how much was on the shoulder of the player. How wrong we were. NCSA kept us on track and ultimately our son got the rare keeper position he wanted at his original first choice school. Coach Cortell was really organized and an asset to the NCSA team."

"They have taught me a lot. Its not just the recruiting part but the webinars you can watch are truly so inspirational and have taught me so much."

"I really like my NSCA Coach and he works really hard to make sure I get the best of my experience."

"There are so many great resources that NCSA has to offer. You have the chance to learn about so many colleges and which ones are the best fit for you in all aspects."

"When I first joined NCSA, I heard great things about the program. I was assigned Coach Lindsey Boldt and I am extremely happy I was. She was so helpful and amazing throughout my entire process. Whenever I was stressed or feeling like giving up, Coach Lindsey pushed me to be the best I could be and helped me remain calm. She was always willing to have phone calls with me or reach out to a coach for me. I would not be in the position I am today in my recruiting process without Coach Lindsey. I know that I have made a friend in her as well. I cannot thank her enough!!"

# HOLLY ISMAIL



To schedule an assessment  
with me:

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